



# General Program



## **SATURDAY**

10: 30 am.....Pindapāta (Alms offering)

11:45 am..... Personal Questions & Dhamma Discussion

## **SUNDAY**

10:30 am.....Pindapāta (Alms offering)

11:45 am.....Personal Questions, Dhamma Talk & Discussion

3:00-5:00 pm..... Chanting, Guided Meditation, Dhammatalk & Discussion.

## **MONDAY**

10: 30 am.....Pindapāta (Alms offering)

11:45 am..... Personal Questions & Dhamma Discussion

## **PUBLIC HOLIDAYS**

10: 30 am.....Pindapāta (Alms offering)

11:45 am..... Personal Questions & Dhamma Discussion

\* Everyone is welcome to join the program on Saturday, Sunday, Monday and Public Holidays and to bring food to offer to the monks and to share with other lay visitors.

\* On Tuesday, Wednesday, Thursday and Friday food is offered by people rostered to do so and the senior monk is available for private discussion with them after the meal.

If you wish to be added to the roster for these days, please contact:

**Rukmani [rukjay@optusnet.com.au](mailto:rukjay@optusnet.com.au) or Neetha on 0408451136 [ganesa@tpg.com.au](mailto:ganesa@tpg.com.au)**

\* According to the rules of celibacy laid down by the Buddha, a monk alone may not sit or talk privately with women. The presence of another man is always required - even to discuss Dhamma or to sit in silent meditation in the same room. For this reason, ladies need to ensure that another man is present when they visit the resident monk.